

| | | l | m | x | j | v | s |
|----------------------|--|----------------|----------------|----------------|----------|----------------|----------|
| 06:45 - 07:15 | | | | | | LES MILLS CORE | |
| 16:30 - 17:00 | | | | | | LES MILLS CORE | |
| 17:30 - 18:00 | | LES MILLS CORE | | | | | |
| 18:00 - 18:30 | | | | LES MILLS CORE | | | |
| 20:00 - 20:30 | | | LES MILLS CORE | | | | |
| 20:30 - 21:00 | | | | LES MILLS CORE | | | |